

WELCOME TO THE CRAWFISH TRAIL

When it comes to crawfish, there's no place like Houma, LA. But don't just take our word for it—taste for yourself by exploring the Bayou Country Crawfish Trail! With nearly 30 destinations, from fresh seafood markets to down-home Cajun restaurants, there's no better way to experience the mouth-watering flavors of Louisiana crawfish—all year long.

Use this map to pick out all the Trail stops you want to visit and hit the road! Be sure to save your receipts as you go—collect and submit 5 receipts to claim your very own Crawfish Trail T-shirt.

HEADS OR TAILS

IT'S ALWAYS CRAWFISH SEASON

If you ask us, there's no such thing as a bad time to eat Louisiana crawfish. It's more a matter of what's most likely to be on your plate.



HEADS SEASON

Feast on a heaping platter of peel-and-eat crawdads during "heads" season, when hot, boiled crawfish is a must-have across our region. And, don't forget the fixins—potatoes,

corn, sausage, onions, mushrooms, all soaking up that signature, spiced taste. Live and boiled crawfish are widely available during the first half of the year, usually between Mardi Gras and early summer.

TAILS SEASON

Savor the hearty flavors of homemade Cajun cookin' during "tails" season, when you'll find crawfish tail meat featured in nearly every dish on the menu. Whether you're seeking traditional Cajun fare or modern cuisine, we've got the crawfish you're craving: étouffées, jambalayas, crawfish pies, gumbos, po-boys, boudin, pastas, nachos and more. Crawfish dishes are available year-round, but are mostly enjoyed during the latter half of the year.



CLAIMING YOUR FREE TRAIL TEE

So you've passed a good time on the Crawfish Trail, enjoyed the unforgettable, savory flavors of Bayou Country and collected receipts from 5 Crawfish Trail locations along the route?

Way to geaux! Show off your culinary escapades with your very own Crawfish Trail T-shirt.

2 WAYS TO CLAIM



OR



Visit crawfishtrail.com to upload photos of your receipts. We'll mail your shirt to you within 4-6 weeks.

Stop by the Houma Visitor Center to trade in your receipts in-person.



114 Tourist Drive
Gray, LA 70359

Contact Us at (985) 868-2732
info@houmatravel.com



CRAWFISHTRAIL.COM



EAT

Fill up on the most delicious crawfish at any of our 38 Crawfish Trail stops.



COLLECT

Hang onto your receipts as you eat at different Crawfish Trail locations.



CLAIM

Once you have 5 receipts, redeem to receive a free Crawfish Trail T-shirt. *(details on back)*

CRAWFISH TRAIL LOCATIONS

WAYS TO ENJOY

Live

Boiled

Cuisine

- 

1 BOURGEOIS MEAT MARKET
543 W. Main St,
Thibodaux
985-447-7128
- 

2 BIG BOY'S SEAFOOD
606 W. Main St,
Thibodaux
985-447-1000
- 

3 WEST MAIN SEAFOOD
5129 W. Main St,
Houma
985-580-7797
- 

**4 BOUDREAU & THIBODEAU'S
CAJUN COOKIN'**
5602 W. Main St,
Houma
985-872-4711
- 

5 A&B SEAFOOD
5990 W. Main St,
Houma
985-580-4311
- 

**6 BAYOU CANE SEAFOOD
MARKET**
6539 W. Main St,
Houma
985-872-8775
- 

7 QUIZINE QUARTERS
6670 W. Main St,
Houma
985-746-5242
- 

8 MR. POBOY - WEST SIDE
621 Enterprise Dr,
Houma
985-303-0245
- 

9 L&R SEAFOOD, LLC
4817 Hwy 311,
Houma
985-346-8072

- 

10 BIG AL'S SEAFOOD
1377 W. Tunnel Blvd,
Houma
985-876-4030
- 

11 RAY'S SEAFOOD
7217 W. Park Ave,
Houma
985-709-0080
- 

12 CAJUN MEAT MARKET
216 Mystic Blvd,
Houma
985-857-9351
- 

13 MAIN PASS SEAFOOD
904 Barataria Ave,
Houma
985-346-6903
- 

14 JUICY SEAFOOD
1217 Lafayette St,
Houma
985-870-3802
- 


**15 BAYOU DELIGHT
RESTAURANT**
4038 Bayou Black Dr,
Houma
985-876-4879
- 

16 A-BEAR'S CAFE
809 Bayou Black Dr,
Houma
985-872-6306
- 


17 1921 SEAFOOD
1522 Barrow St,
Houma
985-868-7098
- 



18 CRAB KING
369 Bayou Dularge Rd,
Houma
985-232-0666
- 


19 BAYOU EXPRESS SEAFOOD
243 Grand Caillou Rd,
Houma
985-746-5746



- 


20 BAYOUSIDE SEAFOOD
8849 E. Main St,
Houma
985-851-4537
- 

21 MR. POBOY - EAST SIDE
860 Grand Caillou Rd,
Houma
985-876-9673
- 


22 CRAWFISH HOUSE
1931 Prospect Blvd,
Houma
985-876-0909
- 

23 C'EST BON CAFÉ
1400 Grand Caillou Rd,
Houma
985-360-3928
- 

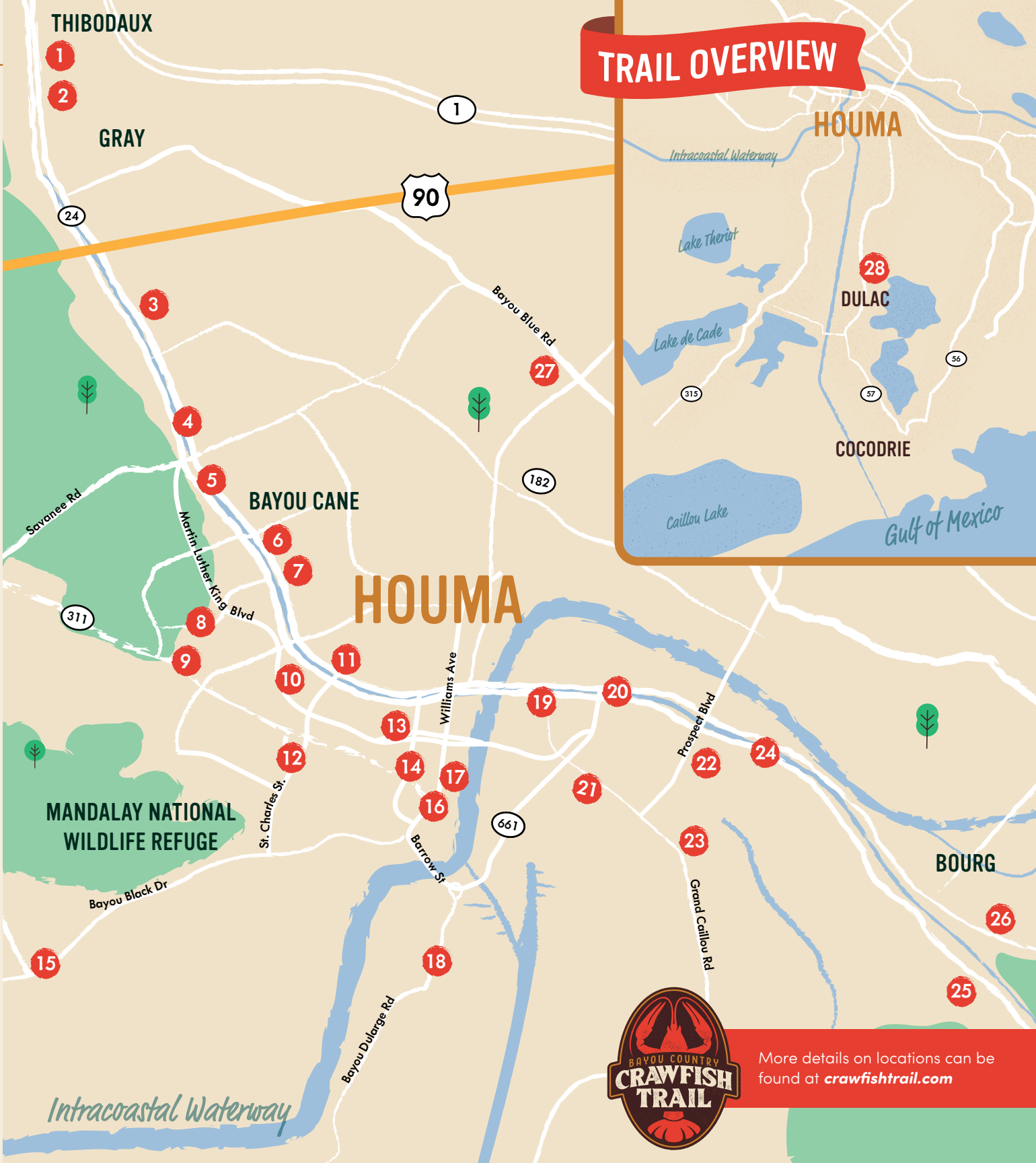
24 WINE ISLAND SEAFOOD
9698 E. Main St,
Houma
985-346-8848
- 

**25 CAPTAIN ALLEN'S BAIT
& TACKLE, LLC**
4325 Hwy 56,
Houma
985-868-2204
- 

26 HWY 24 SEAFOOD
4574 Hwy 24,
Bourg
985-446-3775
- 

27 BAYOU BLUE POBOY'S
1987 Hwy 182,
Houma
985-876-9673
- 

28 CEANA'S CAJUN COOKIN
6478 Grand Caillou Rd,
Dulac
985-563-4141





CLAIM YOUR FREE SHIRT

NAME _____

ADDRESS _____

EMAIL _____

☐

I would like to be added to the Houma Area Convention & Visitors Bureau email list

SHIRT SIZE

☐

S

☐

M

☐

L

☐

XL

☐

XXL

Bring in person or mail in your tracker and receipts to:

114 Tourist Drive
Gray, LA 70359

Your free Crawfish Trail shirt will be mailed back to you in 4-6 weeks.

TRAIL LOCATION TRACKER

As you eat your way along the Trail, check off the stops and collect your receipts.
Once you've gathered 5 receipts from your crawfish adventure, fill out your personal information on this sheet and bring or mail everything into the Houma Area Visitor Center to earn your free T-shirt!

☐

BOURGEOIS MEAT
MARKET

☐

BIG AL'S SEAFOOD
RESTAURANT

☐

MR. POBOY - EAST SIDE

☐

BIG BOY'S SEAFOOD

☐

CAJUN MEAT MARKET

☐

C'EST BON CAFÉ

☐

WEST MAIN SEAFOOD

☐

RAY'S SEAFOOD

☐

CRAWFISH HOUSE

☐

BOUDREAU & THIBODEAU'S
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MAIN PASS SEAFOOD

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BAYOU BLUE POBOY'S

☐

A&B SEAFOOD

☐

JUICY SEAFOOD

☐

WINE ISLAND SEAFOOD

☐

BAYOU CANE
SEAFOOD MARKET

☐

BAYOU DELIGHT
RESTAURANT

☐

CAPTAIN ALLEN'S
BAIT & TACKLE

☐

QUIZINE QUARTERS

☐

A-BEAR'S CAFE

☐

CEANA'S CAJUN COOKIN'

☐

CRAB KING

☐

1921 SEAFOOD

☐

MR. POBOY - WEST SIDE

☐

BAYOU EXPRESS SEAFOOD

☐

L&R SEAFOOD

☐

BAYOUSIDE SEAFOOD